

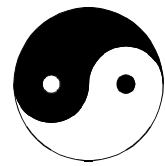
Sponsor



Co-sponsors



Sunday, October 26, 2003



Bay Area



Taiji Exhibition

灣區太極觀摩匯演

(十月二十六日)

Location:

Foothill College, Gym #2500, next to pool
12345 El Monte Road, Los Altos Hills, CA

Time & Event:

10:00 a.m. - 12 noon: *Mini Neigong Workshop Sessions*
(Medical Qigong, Acupuncture, Tui Na, Reeling Silk Exercises)
1:00 p.m. - 4:00 p.m.: *Demonstrations (see below)**
Demos from 5 Major Taiji Family Styles & More...

Cost:

\$5.00/person (children under 16 with adult free)

Tickets may be purchased at the door or through the following groups:

www.nnrs.org; www.chenfamilytaiji.com; www.ttopa.com;
www.morningcrane.com or Call (415) 378-8661

PARKING: Take I-280, exit El Monte west to Foothill College.

Lot 2-A, closest to Gym, has no Ticket dispensers. Day tickets: \$2.00-8 quarters required) can be purchased from any Red and Yellow permit dispenser in any other lot and can be used in Lot 2-A. In addition, Lot 1 (to right of main entrance) will accept \$1 bills and is an easy uphill walk to Bldg # 2500. **Drive loop is one way.**

Participating Organizations/Schools

Bay Area Chen Taiji

Chen Qingzhou Martial Arts Association, USA

Chen Xiaowang World Tai Chi Association (SF School)

Cupertino Northwest YMCA

Foothill College & Mountain View Chen Taiji Group

Hong Zhongnan Wu Taiji School

Morning Crane Healing Arts Center

National Neigong Research Society (NNRS)

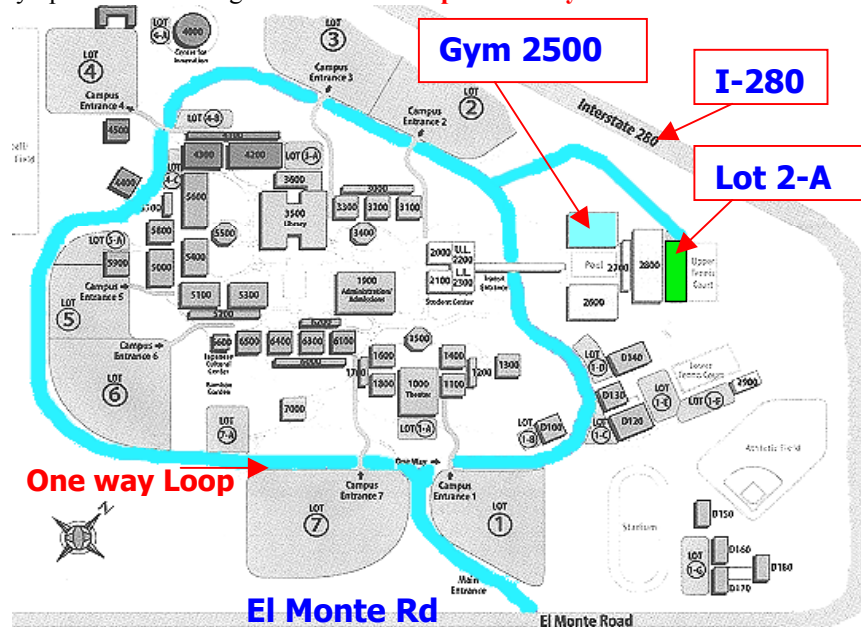
O-Mei Kung Fu Academy

Peninsula Chen Style Taijiquan

Stanford Xingyi Group

Taijiquan Tutelage of Palo Alto

Wu (Hao) Taijiquan Association



*Demos of Chen Taiji (Lao Jia: Chen Qingzhou Lineage; Xin Jia: Feng Zhiqiang, Chen Xiaowang, Ma Hong & Hong Junsheng Lineages), Yang Taiji (Tung Yingjie Lineage); Wu (Hao Shaoru Lineage) Taiji; Wu Taiji (Ma Yuehliang Lineage), Sun & Fu Taiji; (Taiji: Slow, Fast and Pao Chui Forms); Liu He Ba Fa; Xing Yi; Bagua; Weapon demonstrations (sword, saber, broadsword, spear, staff, pole shaking), Push hands (different levels, patterns, and drills)